

## **My Serum Blending Form**

- Packaging: A 20 ml dropper bottle with a pipette is required for this.
- Total volume of serum made = 20ml
- Measuring with drops: some of your ingredients may be in dropper bottles. Approx 20 drops = 1 ml of oil.
- TOP TIP: If you are measuring in drops, write the number of drops on this recipe sheet. Don't write it in mls. It's too easy to get confused and add mls instead of drops when you're measuring it out, then you'll end up all muddled up! The clearer you are in your recipe, the less room for a mistake. So always write down this info, no matter how basic it seems.

### **INGREDIENTS**

**Base Oils to a total of 14 ml**

**Enriching Oils to a total of 5 ml (100 drops)**

**Special Seed Oils to a total of 1 ml (20 drops)**

**Essential oils (optional) to a max of 4 drops in total (2 drops recommended!)**

**Result:**

**What I like about my serum blend:**

**Anything I don't like about my serum blend e.g. scent, texture, colour etc.:**

**What I would I like to try differently next time:**